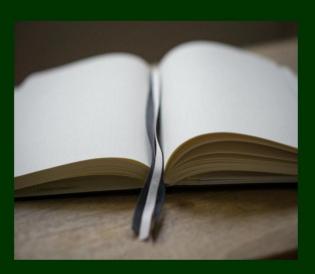
Poetry Prompt Journal



30 Days Of Poetry
Prompts

30 Day Poetry Prompt Journal

2018 Edition

Local Gems Press

30 Day Poetry Prompt Journal

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Day 1: Reminder

Write a poem that takes the form of a reminder. It ca						
be to yourself, or someone else. It can take the form of						
•						
a formal reminder, or an informal one.						

Day 2: Acrostic

Acrostic poems

An acrostic poem is a simple form poem in which the first letter of each line spells out a word. For example

Contain within each first letter
Representing a word arranged
On purpose for poetic value
Specifically to show
The value a word can possess
In using each fist letter
Consciously
-

Day 3: Ekphrastic

Ekphrastic poetry is poetry inspired by a work of						
art. Find a piece of art that moves you and write a						
poem inspired by it.						

Day 4: Dialogue

Write a poem that takes the form of a dialogue
between two people. They can be real people,
imagined people, or even historical figures.

Day 5: Monologue or Speech

Write a poem that takes the form of a monologue
or a speech. It can be you, or someone else talking.

Day 6: False Fact

Our histories, both personal and otherwise, are
filled with things that we thought we used to know.
The world is flat, this person was a friend, etc etc.
Write a poem about a fact that turned out to be fiction.

Day 7: Short Poem

	Write	a	very	short	poem.	No	more	than	2	lines
lo	ng, no l	ong	ger th	an 10	words.					

Day 8: Sing The Lame Song

I sing the song of Hercules...

Notice how all the poetic epic songs are written to							
people who did amazing things? Why not write a poer							
that sings the song of the factory worker, the check-ou							
person, or the garbage man?							

Day 9: On Your Tombstone

We don't always get to choose the words on ou							
tombstones, but what if you did? Write a poem about							
what you want to be left behind when you die.							
what you want to be left bening when you die.							

Day 10: Obsolete Item You Love

Sometimes we have a hard time letting go of things
that the rest of the world has moved beyond, a VHS
player, an old cell phone, a certain video game system
or something else. Write a poem about an obsolete
item you still use and love.

Day 11: Woman You Admire

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Day 12: Man You Admire

Write a poem about a man in your life, or through
history, that you admire.

Day 13: Cost Inflation

"I remember when a hamburger cost a nickel!"
Maybe you do, maybe you don't But we've all seen the
price of something go up over time. Write a poem
about an item or service that used to cost less than it
does.

Day 14: Letter

Write a poem that takes the form of a letter. It can
be to another person, to a person in history, or even to
your past or future self.

Day 15: Thank You Note

Write a poem that takes the form of a thank you
note. It can be to someone you know, someone whose
had an impact on your life, or even to an object. It car
be serious, or silly.

Day 16: Apology

could be something you did, something you intend to do, something you didn't do. And it can be funny, or serious.

Day 17: Mentor

No	one	is an isl	and.	we a	are all	wnc	we a	re	today
becaus	e of t	he grea	t role	e-mod	lels in	our	lives.	W	rite a
poem	to or	about	som	eone	who	has	been	a	good
mentor									
	<i>J</i>								

Day 18: There Was A Time

Write a poem that starts with the phrase:

"There was a time "

There was a time

Day 19: There Was A Place

Write a poem that starts with the phrase:

"There was a place"	
	_
	_
	_
	_
	_
	_
	_
	_
	_
	_
	_
	_

Day 20: Tanka

The Tanka, or "short poem," is one of the most well known and well-used forms of Japanese poetry. In the ninth and tenth centuries, this style of short poems dominated Japanese poetry styles and it was one of if not the most popular form of original Waka. *Kokinshu* is one of the earliest collections of tanka.

A Tanka's form is five lines.
5
7
5
7
7
31 syllables in total in the original Japanese.

Day 21: Faith

Day 22: Cure

Medical science is always looking for cures. But
what about things that don't need to be cured? Write a
poem about a possible cure for something that is not a
disease. Such as a cure for red hair.

Day 23: One Question

Let's say for a moment that the universe opened
itself up to you to answer one question and one ques-
tion only. What would that question be? Write a poen
about it.

Day 24: False Promise

Heroes keep their promises. But not everyone is a
hero. Write a poem about a false promise.

Day 25: Prophecy About You

For many years people told prophesies about the
coming of many spiritual and religious figures. Imag
ine if someone were to write a prophecy about you
before you were born. Write a poem about it.
, I
·

Day 26: Time Period

Some people say they were born in the wrong century. Write a poem about a specific time period that you find appealing.

Day 27: Street Poem

There's such a thing as street poetry, but this is
something different. Write a poem about the street you
grew up on.

Day 28: Iambic Trimeter

Write a poem in Iambic Trimeter. That is a poem with lines of unstressed and stressed syllables stretching three feet each.

-/-/-/		

Day 29: Firsts Poem

There is a first time for everything. Write a poem that has to do with the first time you ever did something.
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Day 30: Lasts Poem

Everything must come to an	end. Write a poem
about the last time you did someth	ning.
·	C



Local Gems Poetry Press is a small Long Island based poetry press dedicated to spreading poetry through performance and the written word. Local Gems believes that poetry is the voice of the people, and as the sister organization of the Bards Initiative, believes that poetry can be used to make a difference.

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